

THE MIGOS TRAVEL **SAFE** GUIDE

Essential Strategies for
Confident International Travel



MIGOS
TRAVEL BP

You're not just
a tourist.

You're a **guest** in
someone's home.



CONTENTS

- 01** BEFORE YOU LEAVE
- 02** MONEY & PAYMENTS
- 03** ACCOMMODATION
SECURITY
- 04** DAILY SAFETY
- 05** TRANSPORTATION
SAFETY
- 06** CULTURAL
INTELLIGENCE
- 07** HEALTH & MEDICAL
- 08** EMERGENCY
PROTOCOLS
- 09** THE MIGOS TRAVEL
DIFFERENCE



MIGOS
TRAVEL BP

A collage of travel-related items on a marble background. In the top left, a portion of a passport is visible. In the top right, there are orange hibiscus and white plumeria flowers with green leaves. In the bottom right, a pair of tortoiseshell sunglasses lies on the surface. In the bottom left, a brown leather passport holder is shown.

01

BEFORE YOU LEAVE

The 72-Hour Rule • The Document Trinity •
The Decoy Wallet Strategy • Register with
Your Embassy • The Insurance Reality Check

THE 72-HOUR RULE

Book your ground transportation before you book your flight.

The moment you land in an unfamiliar country, you're at your most vulnerable. You're tired, disoriented, possibly dealing with a language barrier, and carrying valuables.



PRO TIP: The first 45 minutes after landing set the tone for your entire trip. Invest in making them seamless.



MIGOS
TRAVEL BP



THE DECOY WALLET STRATEGY

Carry two wallets.



Criminals want quick transactions, not confrontations. **Make it easy for them to leave.**



THE DECOY WALLET STRATEGY

Carry two wallets.

Primary wallet:

Hidden in a money belt.
Contains your real cards, most cash, and ID.

Decoy wallet:

In your regular pocket.
Contains \$20-40 local currency and expired cards.



AHA MOMENT

Criminals want quick transactions, not confrontations. Make it easy for them to leave.



THE DOCUMENT TRINITY

Everyone knows to bring their passport. But experienced travelers carry three things:

1. **Physical passport**
2. **Color photocopy kept separately**
3. **Digital copy in cloud storage AND offline on phone**

PRO TIP

Email copies to yourself AND a trusted contact at home.



REGISTER WITH YOUR EMBASSY

Visit your government's travel registration site.

WHAT YOU GET:

- Safety alerts and protests warnings
- Easier embassy assistance
- Evacuation support if needed

AHA MOMENT

Embassies can only help if they know you're there.

THE INSURANCE REALITY CHECK

Travel insurance isn't optional.

MOST POLICIES DON'T COVER:

- ✕ Pre-existing conditions
- ✕ Risky activities like scooters
- ✕ Alcohol-related incidents

PRO TIP:

Get emergency evacuation coverage — medical flights cost \$50,000+.



MIGOS
TRAVEL BP



02

MONEY & PAYMENTS

The ATM Strategy • Cash
Distribution • The Card Call

THE ATM STRATEGY

Only use ATMs attached to banks, during banking hours.

NEVER USE:

- ✗** Standalone ATMs in tourist areas
- ✗** ATMs in convenience stores or malls
- ✗** Any ATM with extra attachments or loose parts

PRO TIP: Cover the keypad completely when entering your PIN. Cameras can be hidden anywhere.

CASH DISTRIBUTION

Never Keep all your money in one place.



**DAY
MONEY:**

1-2 days worth
in accessible
wallet



**WEEK
MONEY:**

Bulk of cash
in hidden
money belt



**EMERGENCY
STASH:**

\$100-200 USD
hidden in
luggage

AHA MOMENT

In most countries, clean US dollars can be exchanged in emergencies. Crumpled bills are often rejected — carry crisp ones.



MIGOS
TRAVEL BP

THE CARD CALL

Before you leave, call your bank
AND credit card companies.

01 Set travel notices

02 Ask about foreign
transaction fees

03 Get your PIN

04 Confirm your daily
withdrawal limit

PRO TIP: \$300/day is common —
request an increase before your trip.



03

ACCOMMODATION SECURITY

The First 10 Minutes •
The Do Not Disturb Myth •
Short-Term Rental Safety

THE FIRST 10 MINUTES

When you enter any hotel room for the first time, do a security sweep:

- ✓ 1. Check the locks - Do they work?
- ✓ 2. Look for secondary entry points
- ✓ 3. Test the safe
- ✓ 4. Note the emergency exits

AHA MOMENT Hotels are not incentivized to tell you about security incidents. Your safety is your responsibility.

THE DO NOT DISTURB MYTH

Leaving the DND sign on your door all day signals "I'm not here" to anyone paying attention.

BETTER APPROACH:

- ✓ Leave the TV or radio on when you leave
- ✓ Use a doorstop/door security device
- ✓ Hang DND sign only when you're inside
- ✓ Request housekeeping for a specific time

PRO TIP: A portable door lock (\$15) provides serious peace of mind.



SHORT-TERM RENTAL SAFETY

Airbnbs have unique risks.

10 BEFORE BOOKING:

- Verify host has positive reviews
- Look for reviews mentioning safety

11 ON ARRIVAL:

- Check for hidden cameras
- Change entry code if allowed

04

DAILY SAFETY

- The 30-Second Pause •*
- Phone Awareness •*
- The Restaurant Test •*
- Street Food Safety •*
- Drinking Water & Ice*



THE 30-SECOND PAUSE

**Step outside each day.
Stop. Look around for
30 seconds.**

LOOK FOR:

- Anyone waiting or watching
- The same face from yesterday
- Vehicles with running engines

AHA MOMENT: You're not paranoid. You're aware. This makes you a harder target.

PHONE AWARENESS

Your phone is your most valuable possession to thieves AND your lifeline in emergencies.

THE RULES:

- Never use your phone while walking on busy streets
- Step to the side with your back to a wall
- Use a crossbody phone case
- Screen brightness down at night

AHA MOMENT: Thieves on motorbikes specifically target people using phones on sidewalks. They snatch and disappear before you process what happened.

THE RESTAURANT TEST

Before eating anywhere, observe:



Are locals eating there?

Empty restaurants are red flags.



Can you see the kitchen?

Open kitchens indicate confidence.



Is the menu reasonable in scope? 100 dishes means nothing is fresh.



How does the bathroom look?

It reflects kitchen standards.

PRO TIP: Street food is often safer than restaurant food — you see it cooked fresh, high turnover means fresher ingredients.



MIGOS
TRAVEL BP

STREET FOOD SAFETY

Street food is often safer than restaurant food.

WHY:

- **You see it cooked fresh in front of you**
- **High turnover means fresher ingredients**

THE RULES:

- **Choose stalls with long lines**
- **Watch food cooked at high heat**
- **When in doubt, go vegetarian**

DRINKING WATER & ICE

If locals don't drink the tap water, neither should you.

REMEMBER: Ice is made from water.

WHEN IN DOUBT:

- Order drinks without ice
- Drink from sealed bottles you open yourself
- Use bottled water for brushing teeth
- Coffee and tea are usually safe (boiled water)

AHA MOMENT: In tourist areas, many places use purified ice. In local areas, probably not.

05

TRANSPORTATION SAFETY



The Taxi Rules • Night Transportation

THE TAXI RULES

If you must use local taxis, follow these rules:

- 1. Use app-based services when available**
- 2. Photograph the license plate before getting in**
- 3. Sit in the back seat, behind the passenger seat**
- 4. Follow along on your phone's map**
- 5. Agree on price before entering**

AHA MOMENT

Many taxi drivers are wonderful local guides. The vetting process is about finding these gems.

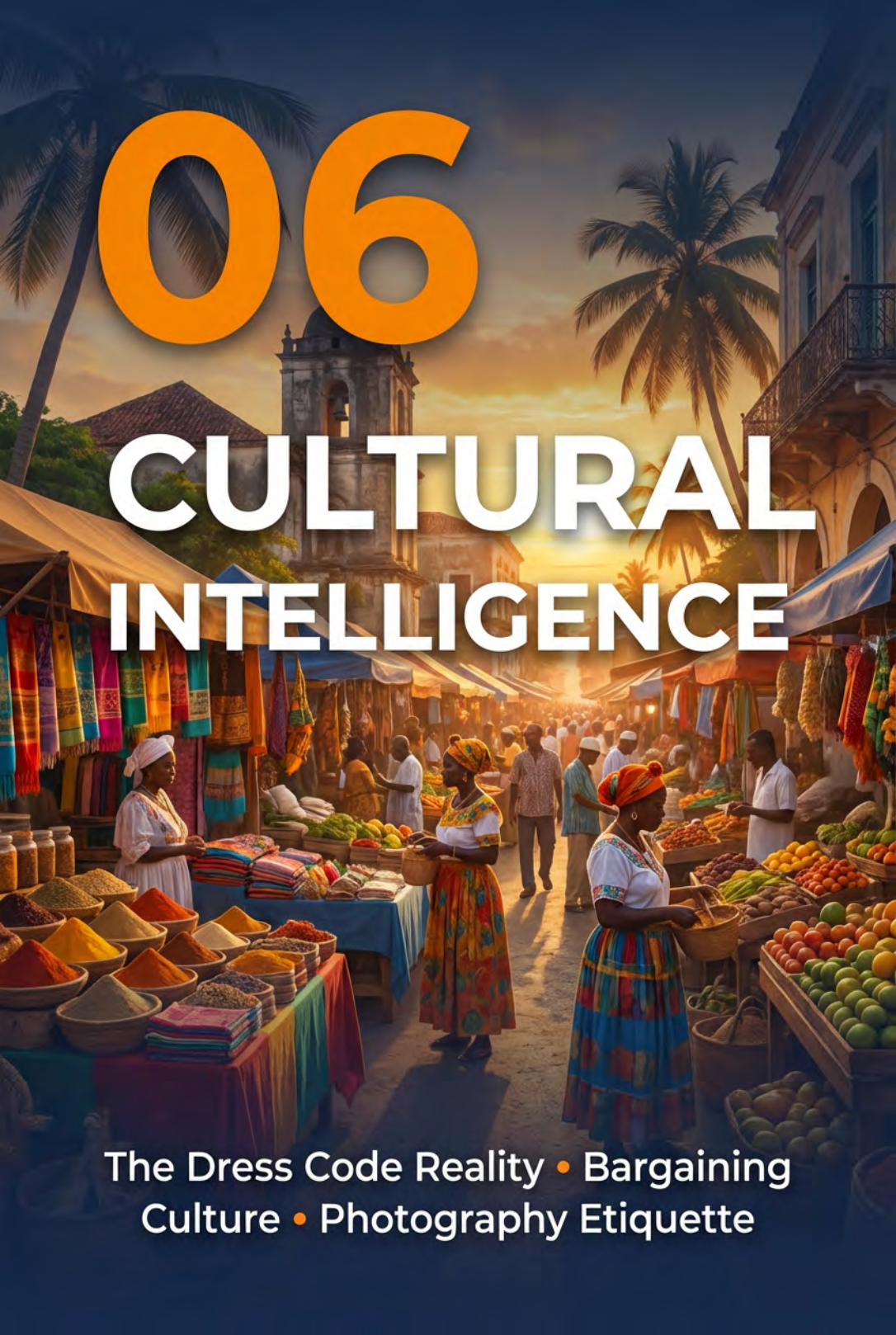
NIGHT TRANSPORTATION

Avoid walking alone after dark in unfamiliar areas. Period.

THE RISK CALCULATION CHANGES:

- Fewer witnesses
- Harder to identify threats
- Harder to identify safe havens
- Alcohol may impair your judgment

PRO TIP: After dark, use vetted transportation or travel in groups of three or more.

A vibrant street market scene at sunset. In the foreground, several women in traditional, colorful dresses and headwraps are shopping. One woman on the left is looking at a stall filled with various types of beans in bowls. Another woman in the center is holding a basket, and a third on the right is looking at a stall with fresh fruits like oranges and limes. The market is filled with stalls displaying a variety of goods, including colorful textiles and produce. In the background, a church with a bell tower is visible, and palm trees are silhouetted against the warm, golden light of the setting sun. The overall atmosphere is lively and culturally rich.

06

CULTURAL INTELLIGENCE

The Dress Code Reality • Bargaining
Culture • Photography Etiquette

BARGAINING CULTURE

In many countries, fixed prices are the exception, not the rule.

THE MINDSET: Bargaining isn't fighting — it's expected social interaction.

THE BASICS:

- Start at 30-50% of the first quoted price
- Be prepared to walk away
- Don't bargain unless you're willing to buy
- Stay friendly — this is a game, not a battle

PRO TIP: Never bargain for food, emergency services, or with people who are clearly struggling.

PHOTOGRAPHY ETIQUETTE

Always ask before photographing people.

In many cultures, taking someone's photo without permission is considered rude at best, theft of spirit at worst.

NEVER PHOTOGRAPH:

-  Military or police installations
-  Government buildings (in some countries)
-  Children without parent permission
-  Religious ceremonies without permission
-  People in distressing situations



07

HEALTH & MEDICAL

The Medication Rule • The Clinic Research
• The Food Recovery Kit



THE CLINIC RESEARCH

Before you leave, identify medical resources near your accommodation.



SAVE IN YOUR PHONE:

- The nearest hospital with emergency services
- A recommended private clinic
- Whether your insurance
- Whether your insurance has specific network hospitals

AHA MOMENT: In many countries, private hospitals may require proof of insurance or payment before treating you — even for emergencies. Carry your insurance card and know your policy number.

THE FOOD RECOVERY KIT

Pack these items — you'll be grateful if needed:

- ✓ Imodium or equivalent
- ✓ Activated charcoal
- ✓ Pain reliever you trust
- ✓ Antibiotic ointment and bandages
- ✓ Dramamine for motion sickness
- ✓ Electrolyte packets (critical for recovery)
- ✓ Antihistamine (Benadryl)
- ✓ Hand sanitizer (70%+ alcohol)

08

EMERGENCY PROTOCOLS

If Something Goes Wrong •
• The Check-In System

IF SOMETHING GOES WRONG

Know the protocols before you need them.



ROBBERY:
Don't resist.
Possessions
are
replaceable;
you are not.



**MEDICAL
EMERGENCY:**
Contact your
hotel first —
they know
local
protocols.



**LOST
PASSPORT:**
Report to
local police,
then contact
your embassy.



**NATURAL
DISASTER:**
Follow local
authorities.
Don't try to
wait it out.

THE CHECK-IN SYSTEM

Before you leave, establish a check-in system with someone at home:



SCHEDULE

Establish daily check-in times and communication channels (e.g., text, email, call) to confirm well-being.



CODE PHRASE

Create a subtle phrase to signal distress or danger without alerting others nearby.



ESCALATION

Define a clear action plan for your contact if you miss a scheduled check-in, including who to call.

AHA MOMENT

Most situations where travelers needed help could have been addressed faster with a check-in system.



09

THE MIGOS TRAVEL DIFFERENCE

*You focus on the experience.
We handle the logistics.*



MIGOS TRAVEL BP

WHEN YOU TRAVEL WITH MIGOS TRAVEL:

- ✓ Your airport pickup is vetted and confirmed
- ✓ Your driver tracks your flight for delays
- ✓ Dedicated concierge on WhatsApp throughout
- ✓ Every experience is pre-vetted by someone who's been there
- ✓ Daily check-ins ensure you're never truly alone
- ✓ Emergency protocols are in place before you need them



MIGOS
TRAVEL BP

**READY TO
TRAVEL WITH
CONFIDENCE?**



**MIGOS
TRAVEL BP**

migostravelbp.com/book

@migostravelbp